

ESSENTIAL INFORMATION

BOLIVIA

PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of two (2) blank visa pages for entry and exit stamps.

A tourist visa is required for U.S. passport holders for entry into Bolivia. There are currently two options available as outlined below. A&K recommends a visa on arrival.

Visa on Arrival: A tourist visa can be obtained on arrival in Bolivia. The current fee for a single-entry visa is USD \$160 (subject to change without notice) and can be paid in cash in U.S. dollars, in clean, recently issued currency, or major credit/debit card (except American Express). Travellers are also required to provide immigration officials with a full-color photocopy of the information page of their passport, 2 passport size photos, a copy of their day-by-day itinerary and a copy of their air ticket out of Bolivia.

Visa Stamp: A visa stamp in your passport can be obtained either by applying directly to a Bolivian consulate or through a visa processing service. While there are additional costs involved in using a visa service, this option is available for guests who prefer assistance in the visa process.

Canadian passport holders are not required to obtain a tourist visa for entry into Bolivia for stays of up to 30 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at visacentral.com/abercrombiekent or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

LOCAL HEALTH & SAFETY PROTOCOLS

If your journey includes travel to high-altitude Andean destinations in western Bolivia, you may experience altitude sickness. Please consult your healthcare provider for suggestions on prevention and treatment.

YELLOW FEVER VACCINATION

A yellow fever vaccination is only required to enter Bolivia if you are arriving from, or have transited through, a yellow fever-endemic area in South America or Africa. The CDC and WHO each provide a current list of all affected countries. If vaccination for yellow fever is necessary, you must carry an International Certificate of Vaccination provided by your physician; you may be denied entry without it. If your physician advises against receiving the vaccination because of your personal medical history, he or she can provide you with the necessary documentation for the country/countries you are visiting.

CASH & CREDIT CARDS

The U.S. dollar is as readily accepted form of payment throughout Bolivia. When leaving a small gratuity however, it is best to tip in local currency. Major credit cards are generally accepted in larger shops, hotels, and restaurants. Make use of ATMs during the day and preferably inside large commercial establishments.

PACKING LIST & BAGGAGE RESTRICTIONS

For checked baggage on flights within Bolivia, travellers are limited to one (1) checked bag per person weighing approximately 44 pounds (20 kilograms) and one (1) carry-on bag weighing up to approximately 11 pounds (5 kilograms).

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

Clothing

Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. Temperatures will change as altitudes and time of day change. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

If visiting the Bolivian Amazon: expedition-type ventilated long-sleeved shirts and pants (including some pants with zip-off legs that convert long-pants into shorts). Light and neutral colors are best; black, navy or other dark colors tend to attract insects. Optional: river sandals such as Texas®.

If your journey includes the Salt Plains pack a fleece jacket, warm hat, socks and thin gloves.

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Comfortable walking shoes
- Lightweight raincoat, poncho or windproof jacket
- Waterproof, lightweight, well-broken in hiking boots for trekking activities in Amazon or hiking in Andes
- Brimmed hat for sun protection
- Sweater or fleece jacket
- Personal garments
- Sleepwear
- Swimwear/cover-up
- Socks

Other Recommended Items

- Face masks and hand sanitizer
- Sun block and lip balm
- Simple first-aid kit
- Sunglasses
- Prescriptions and medications (in their original bottles and/or packaging)
- Mosquito repellent
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

Optional Items

- Small LED flashlight
- Foldable walking stick
- Lightweight binoculars
- Small waterproof daypack

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

TIPPING GUIDELINES

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars):

	Tailor Made Journeys
Resident Tour Director or Group Extension Guide	Not applicable
Local Guides	\$15 per person, per day (full day)
Drivers	\$10 per person, per day (full day)
Airport Transfer Drivers	\$5 per person, per transfer
Hotel Porters	\$2 per bag
Housekeepers	\$2 per person, per night
Included Meals	Included
Restaurants or Room Service on Own	10-15% unless already added